



Kunj G. Patel, MD, MSc

Specialist, Interventional Pain Physical Medicine & Rehabilitation

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"Center for Rejuvenation, Interventions for Senescence, and Strategies for Prolongevity"

Kunj G. Patel, MD, MSc

Dr. Patel, a Harvard-trained and double board certified physician, specializes in longevity medicine, applying his extensive training and experience in functional medicine, lifestyle medicine, pain management, minimally invasive procedures, and regenerative medicine towards helping patients live fuller, healthier lives. His primary goal is to provide advanced medical care that not only addresses immediate health concerns but also promotes long-term well-being.

In the field of longevity medicine, Dr. Patel utilizes advanced techniques such cardiopulmonary fitness exercise testing, blood biomarker analysis, genomics & epigenetics, sleep analysis, and advanced imaging interpretations as part of his assessments. Based on these assessments, Dr. Patel will guide you through a range of treatments which include holistic, integrative interventions that include herbs/spices. medicine dietary supplements, prescription medications. personalized exercise programs, and even advanced interventions like phototherapy or regenerative medicine interventions such as platelet-rich plasma (PRP) procedures and orthobiologic treatments using bone marrow concentrate and adipose tissue. These treatments aim to naturally stimulate the body's healing process, mitigate joint and spine pain, and potentially slow the aging process.

Dr. Patel's approach to longevity medicine is holistic, incorporating advanced diagnostic testing based on MRI, biomarker testing, genomics, as well as treatments ranging from lifestyle interventions, to supplements, medications, and cutting edge and investigational procedures.

He has treated a diverse clientele, including professional athletes and performers from professional sports teams such as the St. Louis Cardinals, Atlanta Braves, and Atlanta Hawks, as well as members of Cirque du Soleil, demonstrating his commitment to helping individuals maintain their health and vitality at all stages of life.

He can be booked for an appointment by calling his office at (415) 851-3502.